

Labor & Delivery Hospital Bag Checklist

Due Date: _____

Hospital Address: _____ Hospital Phone #: _____

OBGYN Phone #: _____ Pediatrician's Phone #: _____

Medical & Paperwork

- Birth plan
- Registration information
- Pregnancy file & medical records (if needed)
- Photo ID
- Insurance cards & information
- Pediatrician's contact information
- OBGYN's contact information
- _____
- _____
- _____
- _____
- _____

Baby

- Swaddle
- Announcement props
- Going home outfit
- Infant car seat (base already set up in car)
- Hat & mittens
- Blankets
- Nail clippers
- Pacifier
- _____
- _____
- _____
- _____

For Mama to Be

- Robe
- Comfy slippers and shower shoes
- Set of comfortable clothing
- Set of comfortable nursing PJ's
- Going home outfit
- Announcement outfit
- Underwear & nursing bras
- Hospital gown (optional)
- Breast pads & nipple cream
- Maxi pads
- Toiletries & light makeup (for photos)
- Nursing pillow (optional)
- Laundry bag (optional)
- _____
- _____
- _____
- _____
- _____
- _____

For Daddy to Be

- Comfortable clothing
- Button down shirt
- Slippers / comfortable shoes
- Pillow
- Phone & charger
- Wallet & cash
- Toiletries
- _____
- _____
- _____

Other

- Music speakers
- Snacks
- Keys
- _____
- _____
- _____



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